ROUTE 1

1 mile / 1.6km

Exit reception and head down Fieldhouse Lane

Turn right onto Parkway

Follow round until footbridge over A404

Exit footbridge follow footpath next to lake back to hotel

ROUTE 2

3 miles/5 kilometres

Exit reception and take the gate in the far left hand corner of the car park where the fire assembly point is opposite the main Reception

Head down footpath down to Thames River

Please be careful when crossing railway track

Turn left onto Thames footpath

Continue through gates, turning left at 6th gate

Continue past St John the Baptist Church

Turn left onto Pound Lane

Follow path down to footbridge, turn left

Continue along footpath next to lake back to hotel

ROUTE 3

5 miles/8 kilometres

Exit reception and take the gate in the far left hand corner of the car park where the fire assembly point is opposite the main Reception

Head down footpath to Thames river

Please be careful when crossing railway track

Turn right onto Thames footpath

Continue along the river into town, joining Mill Road

Turn left onto Station Road leading onto Pound Lane

Turn right onto Henley Road (A4155) leading onto West Street through town

Turn right onto Newtown Road back to hotel

RUN LIKE A LOCAL.



